

# Family Devotion



## The Lord is my Shepherd



This week we are looking at Psalm 23

What is your favourite song?

Have you got a favourite song you sing in church?

Play a game when you hum a song and someone has to guess what the song is.



Read Psalm 23 and watch the video.

Psalms are like songs and David wrote the 23rd Psalm.

David started out as a shepherd boy and eventually became king

As you read through the Psalm look for

- God's provision; (what God gave)
- God's guidance in making right decisions;
- God's help when afraid;
- God's blessings and promise of eternal life

David handed over his worries and fears to God by praying about them. David always talked with God about his feelings and found reasons to praise, even when he was going through hard times. In just the same way, when we cry out to God, He hears us. It's okay to talk to God about our difficult feelings.

God loves and watches over us all the time and we can always talk to him whatever we are feeling .

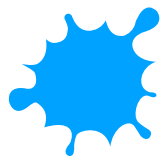
What's one thing you can do this week to remember how God loves and watches over you?



Write down something

- you are thankful for
- you need help with
- you are worried about
- how you can bless others

Have a go at writing your own psalm maybe using these 4 things.



Dear God, I feel ..... about .....

Thank you for caring about me and my feelings. Amen.

