

# Family Devotion



## Armour of God



This week we are looking at putting on the armour of God



Write down or draw as many different protective equipment or clothing as you can think of. We use safety equipment just about every day to help protect us. What would happen if we forgot to use safety equipment?



Read Ephesians 6: 10-11

In the days of the Roman Empire, soldiers wore a protective suit called armour when they went to war. As Christians, we are given a spiritual armour. You cannot see it, as it is invisible, but it can help to protect us.



1. Why do we need the armour of God?
2. What are we fighting against?
3. Should we be afraid?
4. Why is it important that we put on our spiritual armour every day?

The Bible says that when we trust in Jesus, we have the strength to fight against sinful things. This special armour helps us to do that. He gives us the power to be strong and the Holy Spirit to help us.



Draw yourself in armour



Dear Father, thank you for the protection that you have given us against the evils of this world. Help us to always remember to put on the whole armour of God.