Family Devotion



Jesus calms the storm



This week we are going to focus on how Jesus helps us to calm our own worries and fears



What do you think about storms?
Can you remember a time there was a bad storm, how did it make you feel?
Can you name anything that scares you?



Read Mark 4; 35-41 and/or watch the video



The lake often had sudden storms and you couldn't predict when they would happen. This storm must have been really bad as some of the disciples were experienced fishermen and use to being out in all weathers.

- 1. Why did Jesus go on the boat?
- 2. Do you think you could sleep in a storm on a boat?
- 3. What did Jesus do when the disciples woke him?
- 4. What did the disciples think about this?
- 5. How can you know that God is always with you?
- 6. Why is giving Jesus our fears the wise choice?
- 7. Is there a storm in your life you want to pray about with Jesus?

Fortunately, we have a God who is more powerful than any storm. When life gets stormy, we can trust Jesus to watch out for us.

Have faith in Jesus, because Jesus is mightier than any storm.



- Make a rainmaker from a cardboard tube, rice and twisted tin foil.
 (instructions on the internet)
- Decorate and add the memeory verse to the outside to remind you that God is always with you.



Dear God.

Take our storms so that we do not have to be afraid of them. In Jesus' name,

Amen