

Family Devotion



Prayer and Praise - Hannah



This week we are learning that no matter how we feel we can talk to God



Look at the different emojis, can you describe how they are feeling?



Read 1 Samuel 1:10 - 2:3 or watch the video



Hannah talked to God when she was sad and when she was happy. Hannah knew that God cared for her and that she could talk to him about anything.

Why was Hannah sad?

How did God answer her prayer?

What did Hannah promise God?

Why is it a good idea to talk to God about how we feel?

God wants to know how we are feeling all the time. We can trust God to always listen to us when we pray.

- Make and decorate a prayer journal
- Try to write in it every day how you are feeling.



Pray when you are happy, pray when you are sad, pray when you are excited and pray when you are mad. Pray in the morning and pray in the night, pray any time you like, but pray with all your might. Just keep praying, no matter what you do, God will always hear you, He cares about you.