

Family Devotion



Bread of Life



We are starting a new series on Jesus' seven statements written in the book of John. This week we will be looking at why Jesus said "I am the bread of life".



If you were on a desert island and only allowed to take 3 things, what would they be and why?

What is essential to survive?

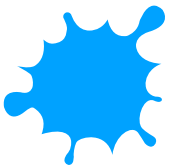


Watch the video below or read Mark 6:30-44 about the feeding of the 5000 and then read John 6:22-35



1. How did Jesus feed all the people?
2. If you were there would you have wanted to keep following Jesus?
3. Why do you think Jesus said I am the Bread of Life? Think about the time the Bible was written and how important bread was to them.
4. Like eating why is it good to pray and read our bibles every day?

Jesus tell us He is the Bread of Life, something that we all need. He can give us hope, joy and love that we cant find in other things.



Think of a time when Jesus has helped you, how did He help and what did He give you? Make a sandwich to remind you that Jesus is the Bread of Life and thank Him for all He gives us. You might even like to send us a photo of your sandwich :)

Fill in the "I am" worksheet each week.



Thank you God for sending Jesus. He is the Bread of Life. Thank you that he can give us a life of joy, love, peace and purpose. Help us to trust him, follow him and know him as our friend. We ask this in the name of Jesus - the Bread of Life! Amen.