

This Sunday at The Free



10am & 7pm Services

Once a month we commit time at our 10am Celebration and 7pm gathering to share Communion & stories



5.30pm Café Church

A sideways look at life, building community and sharing communion once a month

This is week 5 in the reading plan starting at Genesis 19

"Making every moment count to see lives transformed by Jesus."

Church News and Events.....

PRAYER MEETINGS



ONLINE PRAYER MEETINGS

(Zoom ID: 867 6889 0772 / Passcode: prayer)

Monday

8:30am

OR CLICK HERE

Friday (Silent prayer) 8:30am



IN-PERSON PRAYER MEETINGS

Monday (2nd & 4th of each month) 9:30am - Oasis Hub prayer

Thursday

6:00pm - Prayer for Peace & Justice



GLOBAL OUTREACH PRAYER MEETINGS

ONLINE MEETINGS:

(Zoom ID 946 3324 2913 / Passcode: prayer) Contact Rosemary Wall

Nick & Linda Miller

7:00pm - 1st Monday of each month

IN-PERSON MEETINGS:

Anna Houghton

2:30pm - 1st Friday of each month Contact Geoff Thorington-Hassell



ENJOYING THIS YEAR'S BIBLE READING PLAN?

FOR MORE RESOURCES VISIT:

www.bibleproject.com www.thegospelcoalition.org

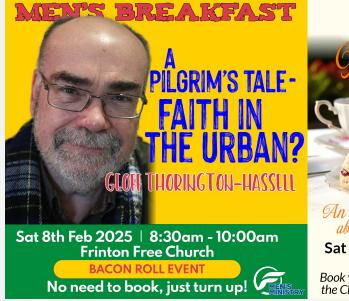
Starting on January 17th Jellytotz will be running 2 sessions on a Friday Morning 9:15am-10:30am 10:45am-12pm

No need to pre-register and you are welcome to choose which session suits you best week by week



Church News and Events.....







A FAREWELL FOR NEIL & SHEENA WARDROPE

JOIN US IN OASIS ON SUNDAY 9TH FEB AT 12:15PM

PLEASE LET THE CHURCH OFFICE KNOW IF YOU ARE COMING AND IF YOU HAVE ANY DIETARY REQUIREMENTS FOR THE BUFFET

NEW TO THE FREE LUNCH

12pm, 16th February in Oasis

If you would like to explore becoming a member of our church family, then please email us at office@frintonfree.com to sign up.

Church Family News

Family news....please pray for:

- Mary Willis due to have shoulder surgery on 25th January.
- Rob Nichols in rehab in Norwich.
- Josh Baines, Beryl Belcher, Lynda Blanchin, Olive Dent, Graham Distill and Malcolm Sumption all receiving treatment for various forms of cancer.

Pete & Chrissie Ellmore are very grateful for all the support and prayers they're receiving from their church family. In light of the severity of Pete's diagnosis (Motor Neurone Disease), they would appreciate cards and messages rather than phone calls please.

The funeral of **Angela Hodgson** will take place at 1.15pm on Wednesday 5th February at Weeley Crematorium.

The funeral of **Peggy Barker** will take place on Tuesday 11th February, 1.15pm at Weeley Crematorium and 2.15pm at The Free - this service can be accessed online at www.frintonfree.com/peggy

GOD'S HEART FOR THE WORLD: As we began the New Year reflecting on God's creation, here are some ways to consider how we can take care of our world and community. The Joint Public Issues Team (JPIT) aims to help the Churches understand, learn and act on issues of justice and peace.

https://jpit.uk/issues/environment

Contact us: Frinton Free Church, Connaught Avenue, Frinton, Essex, CO13 9PW T: 01255 679585 / E: office@frintonfree.com

Charity Reg. No. 1193456 Visit our website www.frintonfree.com

Pastoral information, updates or concerns should be emailed to sheila.lane@frintonfree.com or reported to her via the Church Office. For urgent prayer please email prayer-chain@frintonfree.com

Recordings: Did you know you can now catch up with our services online? We livestream our sermons to our Youtube channel, www.frintonfree.com/youtube. You can listen to or download an audio of our sermons by visiting our website - www.frintonfree.com/media

